



Lisa Everett Andersen B.Sc. Pharm, Certified Clinical Nutritionist

Education:

- University of Missouri, Kansas City, School of Pharmacy, B.S. 1976
- Retro cell biology and antigen testing, Clinical Reference Laboratory, Dr. Robert Stout, 1986
- Board Certified Clinical Nutritionist, September 1998
- Current student at The Canadian College of Homeopathic Medicine, seeking her diplomate in constitutional homeopathic medicine

Professional Experience

- Co-owner of O'Brien Pharmacy, Mission, KS
- Co-founder and Clinical Director of the Kansas City Holistic Centre, Mission, KS
- Co-founder and Clinical Consultant of the Mid-America Holistic Centre, Kuala Lumpur, Malaysia
- Consultant to physicians, clinicians and patients locally, across the U.S. and around the world on hormone replacement therapy, 1981 - present
- Presenter of a 3 hour continuing education course on cardiovascular medications and antihypertensives, Visiting Nurses Association, Kansas City, MO, 1982-1985
- Taught retro cell replication and immunology to department heads and professors of virology, University of Singapore, School of Medicine, Penang, 1986
- Demonstrated two testing methods for HIV to the governmental laboratory in the Department of Virology of Malaysia, and hospital laboratories across Malaysia, 1986
- Met with the Minister of Health to influence governmental testing of blood supplies for HIV in Kuala Lumpur, Malaysia, 1986
- Keynote speaker, "Menopause Changes and Challenges," Heart of America Family Services, Kansas City, MO, 1994
- Joined faculty of University of Missouri, Kansas City, School of Pharmacy as an adjunct instructor for Pharm D candidates in patient consultation, individualized hormone replacement therapy regimens and the use of alternative and complimentary therapies, 1996
- Co-presenter and producer of "Mind, Body, Spirit Seminar," Kansas City, MO, 1996
- Presenter of a continuing education course to 350 pharmacists on a holistic and natural approach to hormone replacement therapy, Houston, TX, 1997
- Presenter of a 2.5 hour continuing education course for physicians and staff, St. Cloud Hospital, St. Cloud, MN, November 1997
- Presenter of a 1 hour conference on hormone replacement therapy, Fred Pryor Seminar, Shawnee Mission, KS, November 1997
- Presenter of a 2 hour continuing education course on alternatives to conventional hormone therapy, Missouri Midwives Association, Kansas City, MO, March 1998

- Presenter of a 2 hour program on alternatives in cancer therapy, nutrition and natural hormone replacement therapy, Bloch Cancer Center, University of Missouri Kansas City, 1998
- Presenter of a 2 hour conference and public forum on natural hormone replacement therapy and nutrition, Dr. Jane Murray and the staff of Sastun Center, Mission, KS, May 1998
- Presenter of a 1 hour conference on nutrition, Fred Pryor Seminar, Shawnee Mission, KS, 1998
- Program on pregnancy, hormone therapy, and holistic health care for the family, Willoughby Design Group, Kansas City, MO, 1998
- Co-presenter 8 hour program "An Integrated Approach to Hormone Replacement Therapy and Nutritional Wellness," Des Moines Area Community College, Oct. 1998
- Presenter of program "Natural Hormone Replacement & Nutrition," Central Exchange, Kansas City, Mo, Oct. 1998
- Presenter of lecture "Women's Healthcare Class," St. Luke's College of Nursing, Nov. 1998
- Joined faculty of University of Kansas School of Medicine to teach "New Views on Nutrition and Herbal Therapies" and instruct students on clinical rotation
- Presenter of a 2 day continuing education program "Facilitating Whole Health in the Women of Your Practice" to pharmacists and physicians, Chicago, IL, June 1999
- Presenter of a 3 hour program "Taking Charge of Your Health" Wichita, KS, September 1999
- Guest speaker, Complimentary Therapies Class to nursing students at Graceland College, Independence, MO, 1999
- Presenter of an 8 hour continuing education program "Natural Hormone Replacement Therapy and Nutrition" to health care practitioners and the public, Wichita State University, Wichita, KS January 2000
- Presenter of two, 1 hour sessions "Natural Hormones and Nutrition," Women's Speak 2000, Maple Woods Community College, Kansas City, MO, February 2000
- Presenter of lecture, "Herbs and Nutritional Supplements: Applications in Long Term Residents and Geriatric Patients," Kansas Pharmacist Association, February 2000
- Guest speaker, "Holistic Alternatives," Kansas City Endometriosis Chapter, March 2000
- Presenter of a 3 hour continuing education program "Hormone Replacement in Psychological Disorders" to health care practitioners and the public, Kansas City, MO, April 2000
- Presenter of a 3 hour program "Natural Hormone Replacement Therapy" to healthcare practitioners, American Holistic Medical Association annual conference, Tucson, AZ, May 2000
- Guest speaker, Complimentary Therapies Class to nursing students at Graceland University, Independence, MO, June 2000
- Presenter of lecture, "Nutritional Approaches for Chronic Illnesses," Lyme Association of Greater Kansas City, July 2000
- Presenter of a 1 hour program "Natural Hormone Replacement Therapy" to medical students and healthcare practitioners, OB/GYN Management Conference Series University of Illinois, Champaign, IL, November 2000
- Presenter of lecture on natural hormone replacement therapy to nursing students and healthcare practitioners, St Luke's School of Nursing, Kansas City, MO November 2000
- Co-presenter of "Holistic Healthcare for Women" to healthcare practitioners, American Holistic Medical Association, Miami, FL, May 2001
- Presenter of a 7.5 hour continuing education program "The Journey to Hormone Balance" to nurses, pharmacists, healthcare practitioners, and the public, Topeka, KS, September 2001
- Presenter of a 7.5 hour continuing education program "The Journey to Hormone Balance" to nurses, pharmacists, healthcare practitioners, and the public, Kansas City, MO, October 2011
- Presenter of a 4 hour program "Natural Hormone Replacement" to healthcare practitioners, American Holistic Medical Association annual conference, Toronto, Canada, May 2002
- Presenter of a 2 hour program "Natural Hormone Replacement in Menopause" to healthcare practitioners, American Holistic Medical Association annual conference, Toronto, Canada, May 2002
- Speaker "Alternatives Treatment Options in Neuropathy" Neuropathy Support Group, Kansas City, MO, November 2002
- Presenter of a 2 day continuing education program "A Therapeutic Approach to Nutrition" to nurses, pharmacists, healthcare practitioners and the public, Kansas City, MO, February 2003
- Presenter of a 2 hour continuing education program "Hormones CAN be Safe and Effective" The Science of Natural Wellness Conference, Kansas City, MO, October 2003
- Presenter "Trends in Hormone Replacement Therapy: Answers to the HRT Controversy," Missouri Society of the American College of Osteopathic Family Physicians Winter Scientific Seminar, Independence, MO, January 2004
- Presenter "Herbs and Supplements," Longview Community College, Lee's Summit, MO, February 2004
- Presenter "Alternatives in Cancer Therapy," Longview Community College, Lee's Summit, MO, March 2004
- Presenter of a 2 day continuing education program "Bio-Identical Hormone Replacement Therapy: A Solution to the HRT Dilemma," to health care practitioners and the public, Kansas City, MO, March 2004

- Guest speaker “Family Nutrition,” Holistic Mom’s Network of Kansas City, January 2005
- Presenter “Herbs and Supplements,” Longview Community College, Lee’s Summit, MO, March 2005
- Presenter “Psyconeuroimmunoendocrinology in the Female Patient,” International and American Association of Clinical Nutritionists 14th Annual Scientific Symposium, Orlando, FL, September 2005
- Guest speaker “Family Nutrition,” Holistic Moms Network of Kansas City, January 2006
- Consumer Support Group, Mental Health Association of the Heartland, January 2006
- Presenter “Bio-identical Hormone Augmentation in the Female Patient,” Missouri Pharmacy Association, February 2006
- American College of Osteopathic Sclerotherapeutic Pain Management Seminar, April 2006
- Key note speaker, Integrative Medicine Forum, University of California, San Francisco, May 2006
- Presenter “Adrenal and Thyroid Physiology,” American Holistic Medical Association Annual Conference, St Paul, MN, June 2006
- Presenter of a 2 day continuing education program “Bio-identical Hormone Replacement Therapy: A Solution to the HRT Dilemma” to nurses, pharmacists, healthcare practitioners and the public, Kansas City, MO September 2006
- Presenter of a 2 day continuing education program “Bio-identical Hormone Replacement Therapy: A Solution to the HRT Dilemma” to nurses, pharmacists, healthcare practitioners and the public, Washburn University, Topeka KS, October 2006
- Presenter of a 2 day continuing education program “The Role of Clinical Nutrition on Functional Medicine” to nurses, pharmacists, healthcare practitioners and the public, Topeka, KS, September 2008
- Presenter of a 2 day continuing education program “The Role of Clinical Nutrition on Functional Medicine” to nurses, pharmacists, healthcare practitioners and the public, Kansas City, MO, October 2008
- Presenter “Nutritional Horizons in Blood Cancers,” Annual Society of Hematology Conference for Physicians, February 2009
- Presenter “Dairy Disaster: The American Whey? Cradles, Cows and Coffins,” International and American Association of Clinical Nutritionists 18th Annual Scientific Symposium, Phoenix, AZ, September 2009
- Presenter of a 2 day continuing education program “Nutritional Medicine: 911” to nurses, pharmacists, healthcare practitioners and the public, Kansas City, MO, October 2010
- Presenter of a 2 day continuing education program “Nutritional Medicine: 911” to nurses, pharmacists, healthcare practitioners and the public, Washburn University, Topeka, KS, October 2010
- Presenter “It’s Complicated: Improving Clinical Outcomes of BHRT in Men and Women,” The 55th Congress of the International College of Integrative Medicine Conference, Cleveland, OH, September 2012
- Presenter of a 2 day continuing education program “The Role of Ortho Molecular Medicine in Reclaiming and Maintaining Health,” Kansas Pharmacists Association, March 2013
- Presenter of a continuing education program “What Pharmacists Should Know About Homeopathy,” Functional Medicine Workshop, Kansas Pharmacists Association, March 2014
- Presenter of a continuing education program “The Importance of Intestinal Health in Patient Well Being,” Functional Medicine Workshop, Kansas Pharmacists Association, March 2014
- Presenter of a continuing education program “Understanding Etiologies, Biochemistry and Ortho-Molecular Support of Inflammatory and Allergic Processes,” Functional Medicine Workshop, Kansas Pharmacists Association, March 2014
- Presenter of a continuing education program “Improved Outcomes in Sclerotherapy,” AOAPRM Conference, April 2015
- Presenter of a continuing education program “Just Go With It,” Mid-America Pharmacy Conference, September 2015
- Presenter of a continuing education program “It’s Complicated: Sex, Lies, and Hormones - The Trailer,” Mid American Pharmacy Conference, September 11, 2015
- Presenter “What Can Be Done to Address the Prevalence of Chronic and Life-Threatening Dis-eases in the Organic Community?” Missouri Organics Association, Annual Conference, February 2016
- Presenter of a continuing education program two day seminar “It’s Complicated: Sex, Lies, and Hormones,” Kansas Pharmacists Association, Functional & Applied Endocrinology, April 8 & 9 2016
- Presenter of a continuing education program 8 hour seminar “Nutrition, Lies and Hormones: It’s Complicated,” American Osteopathic Association of Prolotherapy, Regenerative Medicine Seminar, May 2016
- Presenter of (pre-conference) “What Hormones Are...And What They Are Not,” Acres USA, December 2017
- Presenter of “What Hormones Are...And What They Are Not,” Acres USA, December 2017
- Presenter of “Trauma and Resiliency,” Whiteman Air Force Base 442nd, September 2018
- Presenter of conference “Reversing Diabetes: Science Vs. Fiction,” O’Brien Pharmacy, April / May 2019

Continuing Education

- Minding the Body, Mending the Mind: Psychoneuroimmunology and Beyond, Joan Borysenko, PhD, 1996, 6 hours of continuing education credit
 - The Mechanics of the Mind/Body Connection
 - Lessons from Dissociative Responses to Trauma
 - Meditation, Creative Visualization and Hypnosis
 - Healthy Helping
- Nutritional Therapy in Medical Practice Protocols, A. Gaby, MD, J.V. Wright, MD, October 1996
- Exploring The Forces of Healing, Second Annual Alternative Therapies Symposium, Orlando, FL, April 1997, 20.5 hours of continuing education credit
 - Psychiatry and Alternatives, Elizabeth Targ, MD, George Carpenter, MD, Jim Gordon, MD, Robert Turner, MD
 - "Forces" Involved in Healing, Larry Dossey, MD
 - Chinese Medicine and Acupuncture, Jake Fratkin, OMD
 - Integrated Use of Homeopathy in Primary Care, David T. Reilly, FRCP, MRCPGP, FFHOM
 - Gathering Medicine, Angeles Arrien, Ph.D.
 - Psychoneuroimmunology, Barry Bittman, MD, Lee Burke, DrPH
 - Religious and Spiritual Healing, Larry Dossey, MD, Elizabeth Targ, MD
 - Energy Medicine and Energy Memory: A New Scientific Vision, Gary G. Schwartz, Ph.D., Linda G. Rusek, Ph.D.
 - Music Therapy and Performance, O. Carl Simonton, MD, Mahendera Kumar, Ph.D., Donna Cohen, Ph.D., Frederick Tims, Ph.D., RMT-BC
 - Healing Rituals, Jeanne Achterberg, Ph.D., Barbara Dossey, RN
 - Plants That Heal, Mark Blumenthal
 - Healing in a Social Context, Matthew Fox, Ph.D.
- The First National Congress on Natural Pharmacy, University of Toledo College of Pharmacy, Washington DC, 1997, 10 hours of continuing education credit
- The Practice of Holistic Medicine- A Bridge to the Future, American Holistic Medical Association, Seattle, WA, May 1997, 29 hours of continuing education credit
 - The Practice of Holistic Medicine, Robert Ivker, DO
 - Physicians Shifting Paradigms: The Transformational Journey, Robbie Davis-Floyd, Ph.D.
 - Towards an Integral Model of Healing: Research Directions for the 21st Century, Marilyn Schiltz, Ph.D.
 - The Soul of Holistic Medicine: The Old Values That Created The Past, and The New Values That Will Shape The Future, Robert Keck, Ph.D.
 - Eating the Wild Electron, Gabriel Cousens, MD
 - Nutritional and Metabolic Treatment of Cancer, Davis Lamson, ND
 - An Integrated Approach to Breast Cancer, Bill and Diane Manahan

- Tantric Intimacy: Developing a New Sexual Consciousness Through Ancient Teachings, S. Taulere Appel, Ph.D.
- Is Subtle Energy Really So Subtle? Robin Carter, LCSW, DCSW
- Everything You Always Wanted to Know About Smart Drugs but Forgot To Ask, Dale Guyer, MD, Melissa Franiak, RN, NP
- A Year to Live, Stephen Levine
- Holistic Health: A Planetary Approach to the Evolution of Consciousness, Gabriel Cousens, MD
- The Physician-Dentist Team: The Key to Optimal Health in the 21st Century, Ann McCombs, DO, LaVar Riniker, DDS
- Patient-Centered Diagnosis, Leo Galland, MD
- The Serious Side Effects of Root Canal Therapy, George Meinig, DDS
- Who Gets Sick; Who Gets Well? Why and How, Vernon Sylvest, MD
- Dying Well: Realizing Opportunity at Life's End, Ira Byock, MD
- Dr. Enderlein's Revolution in Biology: What Every Practitioner Should Know, Scott Moyer
- Intestinal Dysbiosis and Leaky Gut Syndromes, Leo Galland, MD
- Psychoneuroimmunology: Gateway to Complementary Therapies, Pierre Brunschwig, MD, Diane Botticelli
- Integration of Ancient Wisdom and New Technology, C. Shaffia Laue, MD
- Case Studies/Patient Panel Using the Medical/Dental Team Approach, Ann McCombs, DO, LaVar Riniker, DDS
- Prevention and Treatment of Chronic Diseases with Exercise Medicine, Robert Anderson, MD, AAFP
- Behavioral Medicine Services: Preventative, Therapeutic, and Cost-Effective Care, Cynthia Medich, Ph.D., RN
- Why People Don't Heal: Another Opinion, Myron McClellan, MA, DD
- Integrating Herbal Medicine into Clinical Practice, Donald Brown, ND
- Natural Hormone Therapy to Prevent Aging and Treat Chronic Illness, Jonathan Wright, MD
- The Shaman's Journey, Phillip Scott
- Our Best Kept Secret, Bowen White, MD
- Nutritional Therapies, Overview and Update, Jonathan Wright, MD, Alan Gaby, MD
- Shamanism- Primal Energy, Phillip Scott
- Introduction to Neural Therapy, Ann McCombs, DO
- Interactive Guided Imagery: Conversations With the Mind/Body Center, Marty Rossman, MD
- How to Have a Near Life Experience and a Faith Lift, Bernie Siegel, MD
- Life Energy for the Hemispherically Challenged, Rick Leskowitz, MD
- Holistic Medicine and Third Party Medical Coverage, Mark Hoch, MD, Phyllis Biedess
- Art as a Choice for Health, John Graham-Pole, MD, MRCP
- Preventive Medicine for the Year 2000, Terrence Collins, MD, MPH, MS
- The Language of Fertility: The Power of the Mind/Body Connection to Live Consciously, Conceive Consciously, Parent Consciously, Niravi Payne, MS
- Evaluation and Treatment of Adrenal Dysfunction, Ralph Golan, MD
- The Answer to the Riddle of Life, Bernie Siegel, MD
- Allergy Elimination-For Good! Using Nambudripad Techniques, Ann McCombs, DO
- Never Underestimate the Power of an Allergy Free Elimination Diet, Sally Rockwell, Ph.D., CN
- Kabbalistic Healing, Wisdom and Prophecy: A Spiritual Approach to Healing Ourselves and the Planet, Gabriel Cousens, MD
- Beyond Limitations: How Do We Find Meaning in Our Lives? Linda Noble Topf, MA
- The Scientific Basis Behind Aromatherapy, Alan Hirsch, MD
- Naturopathic Medicine and Women's Health: What works, Jane Gultinan, ND
- The Holistic Medical Treatment of Common Psychiatric Disorders, Scott Shannon, MD
- Use of Steroid, Mapping, and Evaluations in the Management of Female Hormone Related Problems, Elias Ilyia
- Compounding Seminar, Professional Compounding Centers of America, Houston, TX, November 1997, 20 hours of continuing education
- The Art and Science of Holistic Medicine in Treating Chronic Disease, American Holistic Medical Association, Kansas City, MO, May 1998, 53 hours of continuing education credit
 - The Art, Science and Practice of Holistic Medicine, Robert Ivker, DO
 - Holistic Treatment of Respiratory Disease- Sinusitis, Allergic Rhinitis, Asthma, Robert Ivker, DO, Debra Glasser Green, MD, Ann McCombs, DO, Benjamin Asher, MD
 - Introduction to Alternative Nutritional Therapies, William Manahan, MD

- Laughter, Loss and Love, John Graham-Pole, MD
- Chinese Medicine and Acupuncture, Scott Shannon, MD
- Psychoneuroimmunology: From Biochemistry to Sacred Resonance, Leonard Wisneski, MD
- The Healing Power of Love, Kenneth Hamilton, MD
- Holistic Treatment of Chronic Pain (Including Headache), Ann McCombs, DO, Ken Peters, MD, Martin Rossman, MD, C. Norman Shealy, MD, Ph.D.
- Environmental Medicine, Ken Gerdes, MD
- Clinical Applications of Behavioral Medicine (Including Biofeedback), Robert Anderson, MD
- Holistic Treatment of Pediatric Conditions- ADHD, Otitis Media, Parenting, Mark Hoch, MD, John Graham-Pole, MD, Steve Morris, ND, Scott Shannon, MD
- Holistic Treatment of Chronic Disease: Twenty Years of Success, C. Norman Shealy, MD, Ph.D.
- The Green Pharmacy, James Duke, Ph.D.
- Effective Treatment of Chronic Fatigue Syndrome and Fibromyalgia, Jacob Tietelbaum, MD
- Holistic Treatment of Neurological Disease- Alzheimer's, Parkinson's, Multiple Sclerosis, CVA, David Perlmutter, MD, Alan Gaby, MD, Ann McCombs, DO
- Holistic Treatment of Chronic Fatigue, Fibromyalgia, Candidiasis, Nancy Russell, MD, David Edelberg, MD, Ralph Golan, MD, Jacob Tietelbaum, MD
- Medical Intuition, Eric Leskowitz, MD, Myron McClellan, MA, Barbara Green
- Therapeutic Benefits of Physical Activity/Exercise, Robert Anderson, MD, William Goldwag, MD
- Interactive Guided Imagery: Conversations at the Mind/Body Center, Martin Rossman, MD
- Holistic Treatment of Musculoskeletal Disease-Osteoarthritis, Osteoporosis, Back Pain, Alan Gaby, MD, Mark Hoch, MD, Gladys McGarey, MD, C. Norman Shealy, MD, Ph.D.
- Non-Protocol Diagnosis and Treatment of Chronic Disease, Ann McCombs, DO
- Social Fitness: The Health Risks and Benefits of Relationships, Robert Ivker, DO, Harriet Ivker, LCSW
- Integrating Holism into Medical Education, Wendy Kohatsu, MD, Diana Harris, Andrea Gordon, MD
- Creating Health Through Menopause, Christiane Northrup, MD
- Food is Your Best Medicine in Treating Chronic Disease, Alan Gaby, MD
- Holistic Health Care for Women-Menopause, HRT, Pregnancy, Infertility, Bethany Hays, MD, Kathi Fry, MD, Leah Morton, MD, Christiane Northrup, MD, Allan Warshowsky, MD
- Holistic Treatment of Cardiovascular Disease-Coronary Artery Disease, Hypertension, Robert Anderson, MD, Ann McCombs, DO, Gail Turner, MD, Bowen White, MD
- Homeopathy, Jonas Linkner, MD
- Building a Healing Relationship in 15 Minutes, Alicia Fortinberry, MS, Robert Murray, Ph.D.
- Why Normal Isn't Healthy, Bowen White, MD
- Holistic Treatment of Endocrinological Disease- Diabetes, Hypothyroidism, Adrenal Dysfunction, Leonard Wisneski, MD, Alan Gaby, MD, Ralph Golan, MD, Ann McCombs, DO
- The Healing Power of Humor, Bowen White, MD, Patch Adams, MD
- Herbal Medicine, Steve Morris, ND
- Mind, Spirit and Electromagnetic Fields: A Matrix for Health or Disease, Robin Carter, LCSW, DCSW
- Love, Medicine and Exceptional Cancer Patients, Bernie Siegel, MD
- HIV: A Holistic Approach, Arlette Pharo, DO
- Holistic Treatment of Cancer, Steve Morris, ND, Bob Anderson, MD, Diane Manahan, RN, Ann McCombs, DO, Bernie Siegel, MD
- Holistic Treatment of Gastrointestinal Disease- Peptic Ulcer, Irritable Bowel, Dysbiosis, John Mizenko, DO, Stephen Feig, DO, Ralph Golan, MD, Alan Gaby, MD, Stephen Henke, MD
- Psychoenergetic Therapy, Jordan Weiss, MD
- Practicing Holistic Medicine in a Primary Care Setting, Bill Manahan, MD, Judith Harrison, MD, Mark Hoch, MD, Ann McCombs, DO, Nancy Russell, MD
- Cycles of Seven in Holistic Healing, Gladys McGarey, MD
- Holistic Treatment of Psychological Disease- Depression, Anxiety, Scott Shannon, MD, Joel Miller, MD, Lance Wright, MD, Barry Sultanoff, MD, C. Norman Shealy, MD, Ph.D.
- Sleep Medicine, Stephen Gorman, MD
- Manual Medicine, Ann McCombs, DO
- Who Gets Sick, Who Gets Well, Why and How, Vernon Sylvest, MD
- International and American Associations of Clinical Nutritionist Scientific Symposium, Correcting Metabolic Dysfunction in Cognitive and Psychological Through Enhanced Clinical Nutrition, Las Vegas, Nevada, August 1998, 19 hours of continuing education
- Natural Compounding Symposium, Professional Compounding Centers of America, Houston, TX, February 1999, 12 hours of continuing education

- Professional Compounding Centers of America Seminar, April 1999, 20 hours of continuing education
- American Holistic Medical Association, Primary Care for the 21st Century, May 1999, 19.7 hours of continuing education
- International and American Associations of Clinical Nutritionists, Degeneration and Regeneration in Our Toxic Environment, September 1999, 19 hours of continuing education
- American Holistic Medical Association, Integration & Holistic Medicine, Healthcare for the Third Millennium, May 2000, 25 hours of continuing education
- International and American Associations of Clinical Nutritionist Scientific Symposium, Unmasking and Treating Chronic Infection to Manage Chronic Disease, August 2000, 17 hours of continuing education
- American Holistic Medical Association, The Marriage of Art and Science in Holistic Medicine, May 2001, 25 hours of continuing education
- Institute for Natural Resources, Immune Power and Fibromyalgia, June 2001, 6 hours of continuing education
- International and American Associations of Clinical Nutritionists, Expanded Therapies to Enhance the Clinical Nutrition Approach to Chronic Degenerative Disease, August 2001, 23 hours of continuing education
- American Holistic Medical Association, Breaking Down Barriers and Building Bridges, May 2002
- International and American Associations of Clinical Nutritionists, Multiple Components in Weight Management: A Major Challenge for the 21st Century, August 2002, 24 hours of continuing education
- American Holistic Medical Association, The Science of Good Medicine, 25 years of Practice, Policy and Evidence, May 2003, 27 hours of continuing education
- International and American Associations of Clinical Nutritionists, Nutrition and Cancer: Prevention, Assessment and Support, August 2003, 19 hours of continuing education
- American Holistic Medical Association, The Soul of Medicine: The Forces that Shape our Practice, April 2004, 28 hours of continuing education
- International and American Associations of Clinical Nutritionists, Nutritional Advancements in Pediatric and Adolescent Care, August 2004, 18 hours of continuing education credit
- International and American Associations of Clinical Nutritionists, Endocrine Physiology of Healthy Glands and Hormones, September 2005, 19 hours of continuing education credit
- American Holistic Medical Association, Holism in Action: Building Integrated Healthcare, June 2006
- International and American Associations of Clinical Nutritionists, Exocrine Physiology: Reinforcing the Foundation in the Following Areas: Kidneys/Salivary Glands/ Lacrimal Glands/ Membranes, September 2006, 4 hours of continuing education credit
- Chemotherapy Foundation Symposium XXIV, Innovative Cancer Therapy for Tomorrow, November 2006, 28 hours of continuing education credit
- International and American Associations of Clinical Nutritionists, Incorporating Clinical Nutrition in the Medical Therapy of Chronic Disease Syndromes, August 2007, 21.5 hours of continuing education credit
- Quantum Reflex Analysis Level One, Heal the Healers, Intensive, October 2007, 18 hours
- Quantum Reflex Analysis Advanced Course, November 2007
- International and American Associations of Clinical Nutritionists, The Role of Clinical Nutrition in Pre and Post Traumatic Care, September 2008, 19 hours of continuing education credit
- International and American Associations of Clinical Nutritionists, The Effect of Gastrointestinal Integrity on Total Body Health and Well Being, September 2009, 19 hours of continuing education credit
- International and American Associations of Clinical Nutritionists, Common Clinical Dilemmas and Misdiagnoses, August 2010, 12 hours of continuing education credit
- The Clinical Advantages of Custom Parental Nutrition, March 2011
- International and American Associations of Clinical Nutritionists, Reclaiming Vibrant Health; Molecular Perspectives for Living Younger Longer, August 2011, 19 hours of continuing education credit
- Professional Compounding Centers of America Annual Conference, October 2011, 14.75 hours of continuing education credit
- International College of Integrative Medicine, Sex, Lies and Hormones, September 2012, 15.5 hours of continuing education
- International and American Associations of Clinical Nutritionists, Epigenomics and Orthomolecular Nutrition: Keys to Sculpting Optimal Health, August 2013, 22 hours of continuing education
- International and American Associations of Clinical Nutritionists, The Energy Symposium: Restoring Daily Energy Production for Healthy Epigenomics, September 2014, 24 hours of continuing education
- International and American Associations of Clinical Nutritionists, August 2015, 21 hours of continuing education
- Professional Compounding Centers of America Annual Conference, November 2015, 4.75 hours of continuing education
- Kansas Pharmacists Association, It's Complicated: Sex, Lies and Hormones, Functional and Applied Endocrinology, April 2016, 16 hours of continuing education

- International and American Associations of Clinical Nutritionists, Renovation of the Structural Integrity of the Human Body Through Bio-molecular Intervention; Beyond the Collagen Connections, August 2016, 19 hours of continuing education
- International and American Associations of Clinical Nutritionists, Solving the Disease Crisis Caused by Our Toxic Environment; the Role Everyday Toxins Play in Autism, Obesity, Reproduction...and More, October 2017, 18 hours of continuing education
- International and American Associations of Clinical Nutritionists, Infectious Disease: The Influence of Clinical Nutrition on Outcome, October 2018, 18 hours of continuing education
- O'Brien Pharmacy, Reversing Diabetes: Science Vs. Fiction, April / May 2019
- International and American Associations of Clinical Nutritionists, Immunization, Inoculation, or Vaccination; Navigating the Consequences with Clinical Nutrition. We will be Exploring Options for Helping Children and Adults Recover from Medicine Related Adverse Events, October 2019, 15 hours of continuing education

Professional Affiliations

- Fellow of the American College of Apothecaries
- Fellow of the International Association of Compounding Pharmacists
- Serving as a member of the reorganized, independent Midwest Institutional Review Board, 1997-present
- Member of Kansas Pharmacists Association
- Member of the American Holistic Medical Association
- Member of the International and American Associations of Clinical Nutritionists
- Adjunct faculty member of the University of Missouri-Kansas City School of Pharmacy
- Adjunct faculty member of the University of Kansas School of Pharmacy
- Clinical instructor for the University of Kansas School of Medicine

Committees

- Served on the professional promotion of community pharmacy service committee of the American College of Apothecaries (ACA), 1976, and the committee to help organize the first student chapter of the ACA, 1976
- Served as a member of the Hunkeler Eye Centers Institutional Review Board, overseeing 95 FDA studies on ophthalmic research, including refractive surgical procedures and new drug therapies, 1993-1996
- Vice-Chairperson of the same board, 1995-1996
- Board member, Society of Natural Pharmacy
- Board member, St. Luke's Hospital Integral Therapies Program Advisory Board
- Member of the Professional Affairs Committee for the Kansas Pharmacists Association
- Associate Member of the Board of Trustees, American Holistic Medical Association
- Chairperson, Public Relations Committee, American Holistic Medical Association
- Vice President of Curriculum and Education for the International and American Associations of Clinical Nutritionists
- Vice President of Structure and Operations for the International and American Associations of Clinical Nutritionists
- President for the International and American Associations of Clinical Nutritionists

Publications

- Columnist for the Wellness section of the “Kansas City Living” Magazine
- Three-hour tape series on “Menopause, Changes and Challenges”
- Two-hour video directed to pharmacists and other practitioners on natural hormone replacement therapy
- The International Journal of Compounding Pharmacists
- Two hour continuing education and training video, St. Cloud Hospital
- The Edge Newsletter
- The Kansas City Wellness Journal
- Ask Doctor Sandra Cabot Newsletter
- Smart Medicine for Menopause, Dr. Sandra Cabot
- Eight hour continuing education video, Kansas Pharmacists Association
- Author of the book *Learning to Thrive in a Toxic World and the Impact of Clinical Endocrinology and BHRT - A Reference for Healthcare Practitioners and Patients. Lisa Everett Andersen, Holistic Clinical Pharmacist and Board Certified Clinical Nutritionist dispenses a different prescription.*
- Authoring a book titled *Learning to Heal in a Toxic World - A Reference for Healthcare Practitioners. Lisa Everett Andersen dispenses holistic remedies.*

Other

- Honoree for Celebration of Women 2002 award
- Preceptor of the Year award from the University of Kansas School of Pharmacy
- Recipient of the 2013-2014 Excellence in Innovation award from the Kansas Pharmacists Association
- 2014 Five Star Award from *NutriSearch Comparative Guide to Nutritional Supplements* for her multi-vitamin/mineral supplement, Optimal Daily Allowance

References

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