



David M. Brady, ND, DC, CCN, DACBN, IFMCP, FACN

BIO:

David M. Brady, ND, DC, CCN, DACBN, IFMCP, FACN Dr. David M. Brady has over 30-years of experience as an integrative medicine practitioner and 25 years in health sciences academia. He is a licensed naturopathic medical physician in Connecticut and Vermont, is board certified in functional medicine and clinical nutrition, and a fellow of the American College of Nutrition. He is the Chief Medical Officer for Diagnostic Solutions Labs, LLC and Designs for Health, Inc. He is in private practice in the integrative medicine group Whole Body Medicine, in Fairfield, CT (USA). He is the former long-term vice president of the Division of Health Sciences and director of the Human Nutrition Institute at the University of Bridgeport in Connecticut, where he continues to serve as director and professor emeritus of nutrition. He has appeared on the plenary speaking panel of some of the largest and most prestigious conferences in the field including, IFM, ACAM, A4M, ACN, IHS, AANP, AIHM and many more. Dr. Brady has published a multitude of peer-reviewed scientific papers and textbooks related to functional and naturopathic medicine, clinical nutrition, chronic pain, autoimmunity and functional gastroenterology

LECTURE TITLE: Depression, Anxiety, and Stress: A Multi-Omics Approach

ABSTRACT:

Please join Chief Medical Officer of Diagnostic Solutions Laboratory and Designs for Health, Dr. David Brady, as he presents “Depression, Anxiety, and Stress: A Multi-Omics Approach.” Depression, anxiety, and stress-related conditions impact almost 40 million Americans each year.¹ With so many patients suffering, practitioners need tools to help assess and determine therapeutic approaches to common mental health conditions. In this exciting presentation, Dr. Brady will teach practitioners to use a multi-omics approach to optimize outcomes for patients suffering from stress, depression, and anxiety. Register to learn:

- About the gut-brain connection and how the gut microbiota impacts mental health conditions
- To identify critical associations between metabolomic markers and clinical symptoms related to mental health disorders
- About key single nucleotide polymorphisms (SNPs) that are prevalent in patients suffering from depression and anxiety
- How to apply the multi-omics approach in clinical practice using the GI-MAP[®], OMX[™] Organic Metabolomics, the GenomicInsight.