



Kendal L. Stewart, M.D./ *Neurotologist / Neuroimmune Specialist*

BIO:

Though it may seem unorthodox for a highly trained surgeon to go into the business of finding medical therapeutics to alter the course of nervous and immune system disorders, Dr. Kendal Stewart has spent years making his previous surgical expertise less of a necessity for his and other doctors' patients. Even during high school, Dr. Stewart was eager to become a doctor. He had the benefit of having a father, Landon Stewart, MD, and an uncle, Sidney Stewart, MD, to perk his interest during his childhood years. When he was only 20 years old, he began medical school at the University of Texas Medical School at Houston. He completed his formal medical education in Ear, Nose, and Throat / Head and Neck Surgery at the University of Texas at Houston/MD Anderson Hospital System and continued his training with a fellowship in Neurotology/Skull Base Surgery from Baylor University Medical Center in Dallas. In 1994, he arrived in Austin and began focusing on the treatment of complicated inner ear and nervous system syndromes using surgical procedures. In rapidly increasing numbers, patients suffering from severe neurological syndromes such as vertigo, imbalance, progressive hearing loss, and memory disorders, such as dementia and Alzheimer's, began arriving at his doorstep. These patients had previously met countless obstacles in their search for a cure, or even a diagnosis, and, at best, had found treatment only for their symptoms.

By necessity, he gradually became an expert in in these areas. At the same time, Dr. Stewart became attracted to a new field of medicine called "neurotrophism ," which focuses on new methods for altering or reversing the progression of degenerative syndromes of the nervous system and weakening of the immune

system. As a surgeon focusing on the skull base, he was already an expert at testing nerves in the skull region. He started recognizing that the patients who are unable to process information normally were not being fed accurate information from their sensory system. He also noticed correlations between the severity of symptoms and the degree of misinformation being sent to the brain. "If a patient has chronic dizziness, they are probably also experiencing other symptoms including clumsiness, difficulty sleeping,

thinking, concentrating, formulating words and sentences, more emotionality, and just not feeling good. These are all complaints that doctors can't see and the patient is easily misdiagnosed, and may be eventually labeled as a hypochondriac" admitted Dr. Stewart.

In an attempt to better understand these patient's needs, Dr. Stewart acquired a large array of FDA-approved diagnostic equipment from many different manufacturers in his office setting. Some of these systems were developed 20 years ago, others more recently. Some of the systems were developed in the NASA program. Using these diagnostic methods, he noticed many correlations between the different tests. In a sense, he began to 'see' the symptoms. Despite some raised eyebrows from the medical community, he began using medical therapies aimed at reducing inflammation of the nervous system and returning the body's hormonal and nutrition status to a better state. His non-conventional approach worked well and today is accepted by many physicians utilized throughout the country. In 2002, Dr. Stewart was granted a US patent for the network integration of these specific diagnostic testing devices.

In 2003, Dr. Stewart assembled a team of Austin business experts and software engineers to develop and distribute a software product designed to incorporate the diagnostic systems he had used. This software, Sensory View™, incorporates all testing data from the individual tests and stores it in a central database. Instead of using the overwhelming human resources of large academic centers to gather data and write publications, the team created a query system to access diagnostic outcomes and make correlations between diagnostic data. The doctor support was so overwhelming after creating Sensory View, that an idea of creating a nationwide network of specialty facilities utilizing this software was proposed. To that end, a new company, NeuroSensory Centers of America, Inc., was born.

Dr. Stewart also serves as Chief Science Officer for NBX Wellness and works with other shareholders to create cutting edge formulas that target specific health issues.

Dr. Stewart lives in the western Hill Country of Austin, TX with his wife Cherri and their 4 children.

Lecture Title: "Mitigating Neurological and Mental Health Ailments with Clinical Nutrition"

Lecture Abstract:

Nutrigenomic testing has become widely available since its' introduction in 2001. Since that time, clinical utility of this testing modality has altered the landscape of both prescription and supplementation treatments of Neuropsychiatric Syndromes. This lecture will provide an extensive overview of the Single Nucleotide Polymorphisms (SNPs) and the related biochemistry that provide direction into precision medicine treatment approaches, as well as cover the prescription and nutraceutical treatment modalities that are indicated by these unique polymorphisms.