

2023 32ND ANNUAL IAACN SCIENTIFIC SYMPOSIUM

**“MITIGATING NEUROLOGICAL AND MENTAL HEALTH AILMENTS WITH
CLINICAL NUTRITION”**

Hilton Downtown Fort Worth,
815 Main Street, Fort Worth, TX 76102

Thursday 10/12

- 8:00 AM -8:15 AM Symposium Welcome & Program Introduction
- 8:15 AM – 10:15 AM Dr. Emily Guitterez, DNP CPNP PMHS IFM-CP,
CCN
**Clinical Nutrition Management for Common Pediatric Mental Health
Disorders**
- 10:15 AM – 11:15 AM EXHIBIT HALL, NUTRITION PROVIDED
- 11:15 AM – 1:15 PM Dr. Russell Jaffe MD, PhD, CCN
Neurohormonal Imbalance in Stress/Distress
- 1:15 PM – 2:30 PM BREAK
- 2:30 PM – 4:30 PM Ruth Findlay Geochemist
**Topical Micronutrient Minerals as an Innovative Healing Modality for
Neurodegenerative, Neurological and Mental Health Disorders**
- 4:30 PM – 5:30 PM EXHIBIT HALL, NUTRITION PROVIDED
- 5:30 PM – 6:30 PM **Dr. Kendal Stewart, MD**
Mitigating Neurological and Mental Health Ailments with Clinical Nutrition

7 CEUs

Friday 10/13/23

- 8:00 AM – 9:00 AM **Dr. Kendal Stewart, MD**
Mitigating Neurological and Mental Health Ailments with Clinical Nutrition (Cont)
- 9:00 AM - 10:00 AM EXHIBIT HALL, NUTRITION PROVIDED
- 10:00 AM – 12:00 PM Dr. David M. Brady, ND, DC, DACBN. IFMCP, FACN
Depression, Anxiety, and Stress: A Multi-Omics Approach

12:00 PM – 1:30 PM BREAK

1:30 PM – 3:30 PM Nayan Patel, PharmD
Glutathione role with Brain Health and Inflammation

3:30 PM – 4:30 PM LAST CHANCE EXHIBIT HALL, NUTRITION
PROVIDED

4:30 PM – 6:30 PM Dr. W. Lee Cowden, MD, MD(H)
**Effects of EMF, Mold, Microbes, Drugs & Pollutants on Mental & Neuro
Conditions**

7 CEUs

Saturday 10/14/23

8:00 AM – 10:00 AM Dr. Kelly Halderman, DCN, CCN
**Using Functional Neurology to Uncover & Mitigate Neurological and Mental
Health Ailments**

10:00 AM - 10:30 AM COFFEE / TEA BREAK

10:30 AM – 12:30 PM Dr. Eric Balcavage DC, CNS, CFMP, BCIM
**The Thyroid Debacle – Could a paradigm shift be the answer to changing the
neurological and mental health crisis?**

12:30 PM – 1:30 PM BREAK

1:00 PM – 3:00 PM Dr. Arden Andersen DO, MSPH, PhD
The Mental Health Fallout of Modern Society: A clinical physician's perspective.

6 CEUs